2023 Belleayre/Catskill Area Summer Program Fees <u>Fees increase after June 1</u>		
Alpine & Freeride*	Early Rate (before 6/1/23)	Regular Rate (after 6/1/23)
Summer Programming (YOB 2013 and Older) NYSEF Belleavre will once again be providing off season training. This weekly program will begin on 7/15 and continue every Saturday through October 14th for a total of 14 training days. In addition to continuing our traditional dryland routine of strength and endurance conditioning, we will blend in more of the tools at our disposal. We are hoping to include hiking, swimming, tennis, and mountain biking. The Belleavre beach, the mountain, Big Snow, and the Catskill Recreation Center are available to us, and we intend to be creative with our training schedule. Look for a more detailed schedule in June. NYSEF aims to provide adventure opportunities with snowsport conditioning while forging a fun and healthy lifestyle. Days: Saturdays Dates: July 15 - October 14 Sessions: 9 - 11 AM Location: Specific locations will be communicated via TeamSnap.	\$550	\$700 Drop in: \$60/session

*Freeride summer pool options can be found on nysef.org/camps. <u>Program Fee</u>

Not Included in enrollment: additional training, camps (unless described above), athlete travel expenses, competition registration and membership fees (U.S. Ski and Snowboard, USASA, USANS, NYSSRA, etc.)