



New York Ski Educational Foundation

www.nysef.org

NYSEF at Whiteface Mountain
PO Box 300
Wilmington, NY 12997
518.946.7001

NYSEF at Gore Mountain
PO Box 200
North Creek, NY 12853
518.251.2825

NYSEF at Belleayre
PO Box 256
Highmount, NY 12441
845.254.6046

Hello athletes and parents! This summer, we are once again offering great training opportunities for your athlete. Below you will find details for the **2021 Freeride summer program**. Since 1980, NYSEF has offered annual training opportunities at various locations – we are thrilled to offer this experience at an affordable rate.

Day Sessions:

Offered Wednesday - Sunday from June 19 through September 5

- **Philosophy:** Gain mileage and experience through trampoline and water ramp training, develop technical skills through directed skiing and bouncing sessions, and introduce tactical skills needed in Slopestyle, Big Air, & Moguls in age-appropriate environments.
- **Location:** Day Sessions - Lake Placid Olympic Jumping Complex: 5486 Cascade Rd, Lake Placid, NY 12946
- **Cost and Descriptions**:** Cost includes coaching and facility fees. *Multiple purchased days can, but do not need to be scheduled consecutively. Current NYSEF athletes please inquire via email about special pricing:*
freeridecamps@nysef.org
- Day Session rates are as follows:
 - \$80 – Individual day of training per athlete
 - \$750 – Ten day package of day sessions
 - \$1,400 – Twenty day package of day sessions
- **Day Session Cost Does NOT include:** Cost of lunch or souvenirs.
- **Staff:** Headed by Coach Yari Novak, formerly with the EADP (Eastern Aerial Development Program). Additional coaches TBA from NYSEF programs at Belleayre, Gore, and Whiteface Mountains as well as alumni coaching staff.

'Return To Training Protocol' will be in place to ensure the health and safety of our athletes, partners and coaching staff. There will be no tolerance if the guidelines set forth are not adhered to. Details will be distributed before training begins.



What to Bring?

- Twin tips, mogul skis, or snowboard
- Helmet
- Life jacket
- Ski or snowboard boots
- Bathing suit / Towel
- Face mask and Hand sanitizer
- Sunglasses and sunscreen
- Water bottle and backpack
- Summer workout clothing
- Running shoes/sneakers
- Change of dry clothes
- Positive attitude!

Typical Daily Schedule

- ☐ 8:00 Athlete drop off
- ☐ 8:10 Warm up and stretching
- ☐ 8:30 Trampoline session
- ☐ 10:00 Water ramp session
- ☐ 12:00 Lunch (not provided)
- ☐ 12:45 Warm up / short game
- ☐ 1:00 Trampoline session
- ☐ 2:15 Water ramp session
- ☐ 4:00 Athlete pick up

The scheduling and payment deadline is as follows:

- Please email freeridecamps@nysef.org to make your reservation request.
- **Upon requesting your camps/dates:** NYSEF will require you/your athlete to register, choose your program/s and execute waivers on TeamSnap through [THIS REGISTRATION LINK](#). All athletes must hold a current 2020/21 USASA or USSA membership.
- **1 week prior to the first scheduled day:** TeamSnap registration and full payment for your reserved camps, and/or day sessions are due.

If you plan to pay with a check, choose “PAY OFFLINE” on your TeamSnap registration and please make payment to NYSEF office at Whiteface:

- Mail: NYSEF (attn “Freeride Summer Program”), PO Box 300, Wilmington, NY 12997
- Scan and email to: freeridecamps@nysef.org Call with questions (518-946-7001).
- Call Lynn (x24) to pay by phone.

Cancellation Policy

- Day Sessions require 48 hours advance notice for refund or reschedule. .
- Leftover training days can be used as a credit towards other 2021 summer program camps/day sessions, or towards an 21/22 winter training program with NYSEF.

Information is subject to change – please visit www.nysef.org for updates. Thank you for choosing NYSEF!

