

# GORE 2020 NYSEF *Alpine Summer* Program Fees

**Fees increase after July 15**

<b>Alpine</b>	<b>Early Rate (before 7/15/20)</b>	<b>Regular Rate (after 7/15/20)</b>
<p><b>2-Day Alpine Summer Programming (YOB 2007 and older)</b>                      Fun focused programming for athletes learning the fundamentals of ski conditioning.</p> <p>These sessions will focus on strength, balance and coordination. The “Open Air” programming will also provide movement based circuits to refine your skiing/riding technique into the 2020-2021 winter season.</p> <p>NYSEF aims to provide adventure opportunities with snowsport conditioning while forging a fun and healthy lifestyle.</p> <p><b>Days:</b> 2 days / week. On Tuesdays and Thursdays  <b>Dates:</b> June 30– August 27  <b>Sessions:</b> 9 - 11 AM  <b>Location*:</b> Tuesdays (Glen Falls/Saratoga region)**                      Thursdays (Ski Bowl in North Creek)</p> <p style="text-align: center;"><b><i>*Meeting locations and times SUBJECT TO CHANGE*</i></b>  <b><i>**Specific locations will be communicated via TeamSnap</i></b></p>	2 days/week: \$450	2 days/week: \$650 Drop in: \$50/session

### Program Fee

**Not Included in enrollment: additional training, camps (unless described above), athlete travel expenses, competition registration and membership fees (U.S. Ski and Snowboard, USASA, USANS, NYSSRA, etc.)**