

2020 NYSEF *Nordic Summer* Program Fees

Fees increase after June 15

Cross Country / Biathlon	Early Rate (before 6/15/20)	Regular Rate (after 6/15/20)
Devo Race Team Summer (U14 / U12) Fun focused programming for athletes learning the fundamentals of roller-skiing and focuses on other endurance based fitness (hiking, biking, etc). 1 day / week. June 9 – August 25. On Tuesdays.	1 per week: \$300	1 per week: \$400 Drop in: \$50/session
Devo Biathlon Summer (U14 / U12) Fun focused programming for athletes learning the fundamentals of shooting with use of air rifles. 1 day / week. June 11 – August 27. On Thursdays.	1 per week: \$300	1 per week: \$400 Drop in: \$50/session
Junior Race Team Summer (U20 / U18 / U16 / U14) 6-8 sessions/week Designed for racing at the regional and junior national level. June 2 – August 27.	\$1,475	\$1,675
Biathlon Summer (U20 / U18 / U16) Designed as a program parallel to the Junior Race Team, with a focus on biathlon. June 2 -August 30. Note: Junior Race Team enrollment required.	\$400	\$500
College Race Team Summer and/or Post Graduate Program 6-8 sessions/week. Designed for racing at the regional, junior and college level. June 2 – August 27.	Contact Us xccamps@nysef.org	Contact Us xccamps@nysef.org
Ski Jumping / Nordic Combined	Early Rate (before 6/15/20)	Regular Rate (after 6/15/20)
Youth Jump Team Summer (U14 / U12 / U10) – Fun focused, entry level programming for athletes learning the fundamentals of the sport. All dry land training is in Lake Placid. There is 1 session each week focused on jump technique. Jumping on the K20 in Lake Placid may come online in July (more info ASAP). If you would like to also focus on Nordic Combined, please add “ <i>Devo Race Team Summer</i> ” which includes roller skiing and other endurance based fitness (hiking, biking, etc.). Also includes reduced rates on any jump trips/camps. June 10 - August 26. On Wednesdays.	1 per week: \$300 (before 6/1/20)	1 per week: \$400 (after 6/1/20) Drop in: \$50/session
Development Team Summer (K50-K90, Summer 2019) – 5-8 sessions per week. This will include dryland and roller ski sessions when in Lake Placid, and a reduced rate on all trips/camps. Designed for junior athletes in the development phase. Competitions include regional and national level meets. June – October.	Contact us jumpcamps@nysef.org	Contact us jumpcamps@nysef.org
Elite Team Full Year (K90 and K120) – typically 6 days per week, year round training. Designed for athletes at the highest level of ski jumping and Nordic combined including national and international competition. September – August.	Contact us jumpcamps@nysef.org	Contact us jumpcamps@nysef.org

Program Fee Includes Season Pass

Not Included in enrollment: additional training, camps (unless described above), athlete travel expenses, competition registration and membership fees (U.S. Ski and Snowboard, USASA, USANS, NYSSRA, etc.)