



## NEW YORK SKI EDUCATIONAL FOUNDATION

PO Box 300

Wilmington, NY 12997

518.946.7001

[www.nysef.org](http://www.nysef.org)

Greetings, athletes and parents! We trust your summer went well and that you are getting geared up for a great ski season. Below you will find details for the **2018 NYSEF Colorado Fundamentals Camp** this fall in late November / early December. This camp is geared toward athletes looking to build a solid base of fundamentals going into the season.

### **Camp Details:**

- **Camp Philosophy:** Gain mileage and experience through free-skiing and the development of technical skills through specific drills.
- **Location:** Summit County, Colorado USA.
- **Dates:** Departure: November 23, 2018. Return: December 2, 2018 (including travel days).
- **Flight information:** We have limited number of tickets on the group flight. Athletes are highly encouraged to book a seat on the flight by **Oct.01**. Please fill out this form: [Colorado "Fundamentals" Flight](#). By filling out this form/paying for your airfare by Oct. 01 you are guaranteed a seat on our group flight, it is NON-refundable. In the event that an athlete must fly separate from the group, he/she must arrive in Denver on Nov. 23 no later than 2:30pm and depart no earlier than 5:45pm on Dec. 2. The cost of the group flight \$545 (includes all transaction and booking fees)
- Friday, November 23
  - SOUTHWEST AIRLINES 09:10 AM Depart Albany, NY SWA #1557 Arrive MDW at 10:35 AM
  - SOUTHWEST AIRLINES 12:45 PM Change plane to SWA Flight #527 Arrive Den 2:25 PM
- Sunday, Dec 2
  - SOUTHWEST AIRLINES 05:30 PM Depart DEN on SWA Flight #3787 Arrive ALB 10:55 PM (Direct)
- **Camp Cost:** Approximate cost is **\$2,300 without airfare (\$2,500 if past Oct. 15 deadline)**. Deposit of \$1,200 is due by **October 15**. Final cost to be determined based on athlete/coach numbers and other variables. Camp cost includes lodging, meals, lift tickets, coaching fees and ground transportation in Colorado.
- **Additional Costs:** meals on travel days, overweight or additional baggage charges, gifts for mom, dad and / or siblings, and any additional purchases.
- **Staff:** Patrick Purcell, Jimbo Johnston, Ikuo Toishi, Beatty Schlueter, Thomas Vonn, Katie Haggerty, Terry DelliQuadri, additional staff to be named.
- **Accommodations:** Copper Mt. Village Condos, Colorado.
- **Focus:** 8 days of free-skiing and drills on winter snow. Other activities include video analysis, group dryland, and skiing next to World Cup teams
- **Other activities:** We will plan to attend the Men's World Cup SG race at Beaver Creek on Dec. 30th - always a fun event and a great way to close the camp.



## What to Bring?

- School ID if you have one (leave your passport at home!!)
- GS and SL skis and poles
- Ski boots
- Helmet (w/ SL protection) and goggles
- Basic tuning equipment
- Winter clothing and rain gear (think layers!)
- Sunglasses and sunscreen
- Water bottle and backpack
- Summer workout clothing and running shoes
- Bathing suit
- Toiletries
- Watch (or some way to tell time that works!)
- School work
- Spending money
- Positive attitude!

## Typical Daily Schedule

- 6:30 Warm-up
- 7:00 Breakfast
- 8:00 Depart for mountain
- 8:30/9:00 Load lifts
- 9:00 – 11:30 Skiing
- 11:30 Lunch
- 12:30 – 3:00 Skiing
- 4:00 – 5:00 Activity/Dryland/Video
- 6:00 Dinner
- 6:45 Meeting
- 7:00 – 9:00 Study Hall
- 9:30 Bedtime

## Deadline and payment schedule is as follows

- **October 15: non-refundable deposit of \$1,200 payable to NYSEF**

Plus:

- Completed “NYSEF Camp Liability Release” (below)
- Completed “Copper Mountain Assumption of Risk, Release of Liability...” (below)
- Copy of health insurance card – FRONT and BACK!!

Please send documents and payment to NYSEF at Whiteface office:

- Scan and email to: [alpinecamps@nysef.org](mailto:alpinecamps@nysef.org)  
**OR**
- Mail to: NYSEF, attn. Colorado Fundamentals Camp, PO Box 300, Wilmington, NY 12997
  - Call **518.946.7001** to make a credit card payment over the phone (Danielle, Hadley, Lynn or just about anyone can take a payment over the phone ☺)
- **November 12: Final payment of approximately \$1,100 is due payable to NYSEF** (Exact balance due to be emailed early November. \$1,300 is due if deposit was after deadline.)

Information is subject to change – please visit [www.nysef.org](http://www.nysef.org) for updates.

Thank you for choosing NYSEF!



**NEW YORK SKI EDUCATIONAL FOUNDATION  
CAMP LIABILITY RELEASE**



CAMP NAME: 2018 Colorado Fundamentals Camp (The "Camp") CAMP DATES: 11/23/18 – 12/2/18

PARTICIPANT NAME (as displayed on ID): \_\_\_\_\_ USSA#: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

PARTICIPANT E-MAIL: \_\_\_\_\_ MOBILE PHONE # \_\_\_\_\_

MOTHER: \_\_\_\_\_ E-MAIL: \_\_\_\_\_ PHONE#: \_\_\_\_\_

FATHER: \_\_\_\_\_ E-MAIL: \_\_\_\_\_ PHONE#: \_\_\_\_\_

EMERGENCY CONTACT (if parents cannot be reached): \_\_\_\_\_ # \_\_\_\_\_

**PARTICIPANT INFORMATION**

DOB: \_\_\_\_\_ AGE at camp: \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_ Shirt Size \_\_\_\_\_

Insurance Carrier: \_\_\_\_\_ Policy/Group # \_\_\_\_\_

List any allergies the participant has: \_\_\_\_\_

List any medications the participant is currently taking: \_\_\_\_\_

Does the participant have any medical history that would affect his/her participation in this camp? \_\_\_\_\_

If so, please describe (also list anything that would be important to know while caring for the participant):  
\_\_\_\_\_

Date of Last Tetanus Shot: \_\_\_\_\_ I verify that the participant has had a physical exam in the last year (please initial): \_\_\_\_\_

**Participants MUST provide a copy of insurance card in case of emergency!!!**

**LIABILITY RELEASE:**

In consideration for the services provided by the New York Ski Educational Foundation (NYSEF), I hereby wave, release and hold harmless NYSEF, it's members, employees, coaches, trainers, organizers and agents and any other persons connected with the Camp, from any and all claim for liability, injury, loss or damage arising from my son's/daughter's participation in or presence at the Camp.

In addition, I the parent/guardian, give the Camp personnel permission and authority to obtain medical aid, cure and treatment or anesthetic for my son/daughter in case of injury including but not limited to performing any diagnostic procedure, operation, or curative remedial procedure they deem necessary or advisable. It is understood and agreed that every effort will be made to contact me in case of injury and medical attention becomes necessary. I give my permission for my child to travel with NYSEF personnel inside of and outside of the United States.

I am fully aware of and accept the risks and dangers inherent in snowsports and agree that I am responsible for my safety and that of my children. I assume all risks connected with participation in the Camp.

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Parent/Guardian's Signature\*\*\*

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

\*\*\* This is to certify that as the parent/guardian of the above named participant, all the information above is correct and I do consent to his/her agreement to be bound to the terms and conditions set forth in this waiver (including the NYSEF Code of Conduct).



# NEW YORK SKI EDUCATIONAL FOUNDATION

## ATHLETE CODE OF CONDUCT

As a participant in a NYSEF program or camp, the athlete must realize that they are a visible representative of NYSEF, the school they attend and their family. All athletes participating in a NYSEF program or camp will be required to follow this established Code of Conduct.

1. All participants are expected to abide by the Rules and Regulations at their particular venue. Remember you are a guest at that facility and should treat all venue employees and public skiers with courtesy and respect.
2. Participants are expected to act under all applicable laws, rules and regulations
3. Participants are required to wear helmets while skiing or training.
4. Participants are required to conduct themselves in a sportsmanlike manner at all times and to treat their team mates with sportsmanship and respect.
5. Participants must be neatly and properly dressed.
6. Participants must listen to and be courteous to coaches.
7. Participants must be on time for all activities.
8. Participants must maintain their athletic eligibility by meeting academic standards.
9. Participants must be under the supervision of NYSEF staff while training or competing.
10. Participants must abide by the NYSEF Bullying Prevention Policy Guidelines
11. Participants in NYSEF programs or camps will be disciplined for the following infractions:
  - a. Use of tobacco and chewing tobacco
  - b. Use and/or possession of alcohol
  - c. Use and/or possession of narcotics, non-prescription drugs or any other illegal substance
  - d. Behavior that is detrimental to the program and/or other athletes
  - e. Theft of property
12. Recommended disciplinary actions can include:
  - a. Dismissal from camp/event at cost of athlete/parent
  - b. Suspension of training privilege for specific time period
  - c. Loss of racing privilege for specific events (if applicable)
  - d. Police involvement
13. Athletes who are dismissed from a school or team because of any of the above infractions will have training privileges suspended. Participants at a camp and/or race will be sent home immediately. Program privileges will be suspended until the situation is resolved. The Program Director reserves the right to remove the training pass from a participant if the situation warrants it.
14. Other disciplinary measures can be taken by the Program Director based on the severity of the situation.

## **Copper Mountain Assumption of Risk, Release of Liability, and Indemnity Agreement**

The purpose of this agreement is to exempt, waive, and release Released Parties from any and all liability for wrongful death, personal injury, and property damage, including, but not limited to liability arising from the negligence of Released Parties; and transfer the risk of loss arising out of the participation in the Activities to the Participant or person executing this agreement.

“Released Parties” mean Powdr–Copper Mountain LLC, Powdr - Copper Participation LLC, Powdr Corp., Human Movement LLC, the United States, The Village at Copper Association, Inc., Copper Mountain Resort Association, and each of their insurance carriers, subsidiaries, affiliates, officers, directors, shareholders, members, representatives, assignees, employees, volunteers and agents, as well as any Activity sponsors and equipment manufacturers and distributors.

“Activity” and “Activities” mean skiing, snowboarding, uphill access, tubing, biking, golfing, skateboarding, training, racing, ski/ride instruction, challenge courses, zip lines, bumper boats, ice skating; participation in competitions, races, runs and any other events offered by Released Parties or their sponsors; and/or using for any purpose the Released Parties’ area, property, facilities, buildings, pools, hot tubs, fitness equipment, features, amenities, parking lots, sidewalks or equipment, including, but not limited to chairlifts, surface lifts, day care facilities, health club, climbing wall, bungee jump, trampolines, foam pits, mountain coaster, go-karts, and/or rental equipment.

“Me”, “Myself”, and “I”, means the adult, being at least 18 years old, who is accepting these terms on behalf of Myself and, if applicable as a result of my purchase of frequency or pass products, tickets, admissions, lessons, rentals for others, on behalf of a minor and/or other adult. “Minor” means the minor Participant. The person actually taking part in the activity is referred to as “Participant”.

In consideration of being allowed to participate in the Activities, on behalf of Myself and all other Participants, I agree as follows:

1. Participating in the Activity is hazardous and involves the risk of physical injury or death. The dangers and risks of the Activities include, but are not limited to falling; slick or uneven surfaces; surface and subsurface snow conditions; avalanches; cornices; moguls; jumps; ice; variations in terrain; design and condition of man-made facilities, terrain features, or race venues; terrain selection of an instructor; downed timber and other forest growth; tree stumps and wells; rocks and debris; marked and unmarked obstacles; collisions; equipment failure, malfunction, or misuse; collisions or encounters with snowmobiles, snowcats and/or other motor vehicles; lift loading, unloading, and riding; adverse weather; and limited access to and/or delay of medical attention. I acknowledge that the description of the dangers and risks listed above is not complete and that participating in the Activity may be dangerous and may include other risks, including, but not limited to the acts, omissions, representations, carelessness, and negligence of Released Parties.
2. By signing this Agreement, I, on my own behalf and, if applicable, on behalf of Minor and adult Participant(s), acknowledge the risks and dangers associated with the Activities and agree to (1) assume any and all risks of injury or death to Participant resulting from participation in any Activity; (2) waive, release, and not sue or file any actions or claims against Released Parties that are based on, arise or result from, in whole or in part, participation in any Activities, including, but not limited to negligence and premises liability claims; (3) indemnify, defend, and hold harmless the Released Parties from and against any liability or damage of any kind and from any suits, claims or demands, including legal fees and expenses whether or not in litigation, arising out of, or related to, Participant's participation in the Activity.
3. I give Released Parties permission to take and use photographs or recordings of Participant taken during an Activity and use and sublicense such material for any purpose in print, advertisements, films or videos and on line and broadcast presentations of any sort.
4. I authorize the Released Parties to call for medical care for Participant or to transport Participant to a medical facility or hospital if, in their opinion, medical attention is needed. I agree to pay all costs associated with such medical care and related transportation.
5. By accepting this Agreement on behalf of any Participants other than Myself, I am representing that I am entitled to execute this Agreement as either the parent or legal guardian of the Participant or that I have been given the express authority and permission from the other adult Participants to accept the terms of this Agreement on each of their behalf, and that by doing so, I am agreeing to be personally responsible for any claims brought by any other Participant, should they refuse to accept the terms of this Agreement.
6. This Agreement will apply for every day a Participant engages in any Activity without requiring Me or Participant to sign an additional agreement for each day, season, or year, until a new release of liability and waiver of legal rights is executed by or on behalf of Me or Participant, or I revoke it in writing and that writing is accepted in writing, signed by the Released Parties’ authorized representative. All claims arising from or related to any Activity by Participant, including for injury to person or property and/or death shall be governed by Colorado law, without regard to conflicts of law principles, and that exclusive jurisdiction shall be in the District Court residing where the alleged incident occurred or in Federal Court for the District of Colorado. This Agreement shall be binding to the fullest extent permitted by law. If any provision of this Agreement is found to be unenforceable, the remaining terms shall be enforceable to the full extent permitted by law. This Agreement shall be binding upon my assignees, subrogors, distributors, heirs, next of kin, executors and personal representatives.

I HAVE CAREFULLY READ THIS AGREEMENT, UNDERSTAND ITS CONTENTS AND ACCEPT IT, ON BEHALF OF MYSELF AND PARTICIPANT WITH FULL KNOWLEDGE OF ITS SIGNIFICANCE BY SIGNING BELOW AND/OR I ACCEPT IT BY USE OF THE ACTIVITIES.

Today's Date: \_\_\_ / \_\_\_ / \_\_\_\_\_

<b>Participant # 1 – Adult or Minor</b>		
A parent or legal guardian must sign for all minors under 18.		
Print Participant Name Here	mm / dd / yyyy	x Sign Here
↑ Print Participant Name	↑ Participant Date of Birth	↑ Signature – Parent/Legal Guardian <u>OR</u> Participant over 18
➡ Print name of parent/guardian signing for minor above: Print Parent/Guardian Name Here		

<b>Participant # 2 – Adult or Minor</b>		
A parent or legal guardian must sign for all minors under 18.		
Print Participant Name Here	mm / dd / yyyy	x Sign Here
↑ Print Participant Name	↑ Participant Date of Birth	↑ Signature – Parent/Legal Guardian <u>OR</u> Participant over 18
➡ Print name of parent/guardian signing for minor above: Print Parent/Guardian Name Here		

<b>Participant # 3 – Adult or Minor</b>		
A parent or legal guardian must sign for all minors under 18.		
Print Participant Name Here	mm / dd / yyyy	x Sign Here
↑ Print Participant Name	↑ Participant Date of Birth	↑ Signature – Parent/Legal Guardian <u>OR</u> Participant over 18
➡ Print name of parent/guardian signing for minor above: Print Parent/Guardian Name Here		

<b>Participant # 4 – Adult or Minor</b>		
A parent or legal guardian must sign for all minors under 18.		
Print Participant Name Here	mm / dd / yyyy	x Sign Here
↑ Print Participant Name	↑ Participant Date of Birth	↑ Signature – Parent/Legal Guardian <u>OR</u> Participant over 18
➡ Print name of parent/guardian signing for minor above: Print Parent/Guardian Name Here		

<b>Participant # 5 – Adult or Minor</b>		
A parent or legal guardian must sign for all minors under 18.		
Print Participant Name Here	mm / dd / yyyy	x Sign Here
↑ Print Participant Name	↑ Participant Date of Birth	↑ Signature – Parent/Legal Guardian <u>OR</u> Participant over 18
➡ Print name of parent/guardian signing for minor above: Print Parent/Guardian Name Here		