



**NEW YORK SKI EDUCATIONAL FOUNDATION**

# **ADVENTURE CAMP**

A SUMMER CAMP IN THE ADIRONDACKS

**MOUNTAIN BIKING & ROCK CLIMBING  
SNOWSPORT CONDITIONING  
SHOOTING AT THE BIATHLON RANGE  
WATER SPORTS & MUCH MORE!**

## **DATES**

**THURSDAY, JULY 5- SUNDAY, JULY 8  
MONDAY, JULY 23- FRIDAY, JULY 27  
SUNDAY, AUGUST 19- THURSDAY, AUGUST 23**

**\*OVERNIGHT AND DAY  
OPTIONS OFFERED.**

**YOU DO NOT NEED TO BE A  
NYSEF ATHLETE TO PARTICIPATE.**

**INFORMATION AT [NYSEF.ORG/CAMPS](http://NYSEF.ORG/CAMPS)**





# REACH NEW HEIGHTS.

## PHILOSOPHY

In unison with the NYSEF mission, we want to provide adventure opportunities and snowsport conditioning for all youth while forging a fun and healthy lifestyle in the Adirondacks.

## CAMP DATES

**CAMP 1: JULY 5- JULY 8**

**CAMP 2: JULY 23- JULY 27**

**CAMP 3: AUGUST 19- AUGUST 23**

drop off by 10:00AM on start day at the Lake Placid Training Center and pick up by 4:00PM on last day

## PRICE & DETAILS

Camp is offered to ages 10 and up. You do not need to be a NYSEF athlete to participate.

**OVERNIGHT: \$450 for CAMP 1/\$600 for CAMP 2 & 3** includes: activities, coaching, facility fees, transportation, lodging and meals from the Lake Placid Training Center.

**DAY: \$225 for CAMP 1/ \$300 for CAMP 2 & 3** includes: activities, coaching, facility fees, transportation and meals from the Lake Placid Training Center.

**20 ATHLETE MAX FOR EACH CAMP**

**Overnight camp lodging is limited.**

\*Overnight option is **offered** to athletes born in/before 2006





## WHAT TO BRING

bathing suit  
towel  
water bottle and back pack  
change of dry clothes  
sunglasses, sunscreen, bug spray  
running sneakers  
shoes suitable for hiking  
helmet  
bike, suitable for trails (or can rent one)

## DAILY SCHEDULE

**\*subject to change based on weather and transportation**

8:00AM: Breakfast  
9:00AM: Information Session  
9:30AM: Activity 1  
12:00PM: Lunch  
1:00PM: Information Session  
1:30PM: Ongoing Activity 1/Activity 2  
4:00PM: Relax  
5:00PM: Dinner  
7:00PM: Athlete pick up (for day campers)

## STAFF:

NYSEF snowsport coaches are not only talented on the snow. Coaches have special hobbies and skills in mountain biking, rock climbing and much more!





**PLAY IN  
THE MUD.**

## **PAYMENT DETAILS**

**Please email [info@nysef.org](mailto:info@nysef.org) to make your reservation request. Upon requesting your dates, NYSEF will require a minimum 50% deposit to place your reservation.**

**\*\*overnight camp deposits are non-refundable within 30 days of the camp.**

-- Full payment for your reserved camps, and/or day sessions are due 1 week prior to the first day of camp.

-- Additional Forms are also required with Final Payment: "NYSEF Camp Liability Release," "ORDA Responsibilities of User and Waiver," a photo copy of the athlete's health insurance card. **These forms can be found at [nysef.org/camps](http://nysef.org/camps).**

**\*\*For overnight campers, you will also be required to fill out Lake Placid Training Center forms which will be emailed to you before check-in date.**

**Please send documents and payment to NYSEF office at Whiteface:**

-- Mail: NYSEF (ATTN: "Adventure Summer Program"), PO Box 300, Wilmington, NY 12997

-- Scan and email to: [info@nysef.org](mailto:info@nysef.org)

-- Call NYSEF at 518-946-7001 for questions or to pay by phone

### **Cancellation Policy**

-- Day campers require 48 hours advanced notice for refund.

-- Overnight Campers require a 30 day notice.

**INFORMATION IS SUBJECT TO CHANGE  
PLEASE VISIT [WWW.NYSEF.ORG/CAMPS](http://WWW.NYSEF.ORG/CAMPS) FOR UPDATES!**